

Report completed by:	Date of Incident:	Date of Incident:
Name of child:		
Age:                      Gender :		
Time restraint started:		
Time restraint ended:		
Name of staff administering restraint:		
Trained in safe restraint? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Other witnessing staff"		

Place where restraint occurred

Behaviour directed at
Another child/ren – name:
Staff member – name:
Self –describe how they intended to self-harm:
Property – describe:
Potential injury to self or others:

Reason restraint was considered necessary
Imminent danger – serious risk of injury – describe
Actual injury – describe And attach incident form
Please turn over and complete the reflection section

# Reflection

## Events leading to the incident

Describe what was happening before the behaviour started to escalate. What was the child doing? What do you think might have triggered the behaviour? How were the other children reacting to the child?

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## Behaviour of the student

What did you notice about the student's behaviour that alerted you that they were struggling to cope? Think about the way they looked, for example facial expressions, physical signs, language.

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## What did you try before the restraint?

Describe the alternative techniques and interventions tried to prevent the emergency, including a description of the de-escalation strategies you used. What was the response from the child?

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## The restraint method used

Describe the nature of the physical restraint. Include the type of hold and number of people required.

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