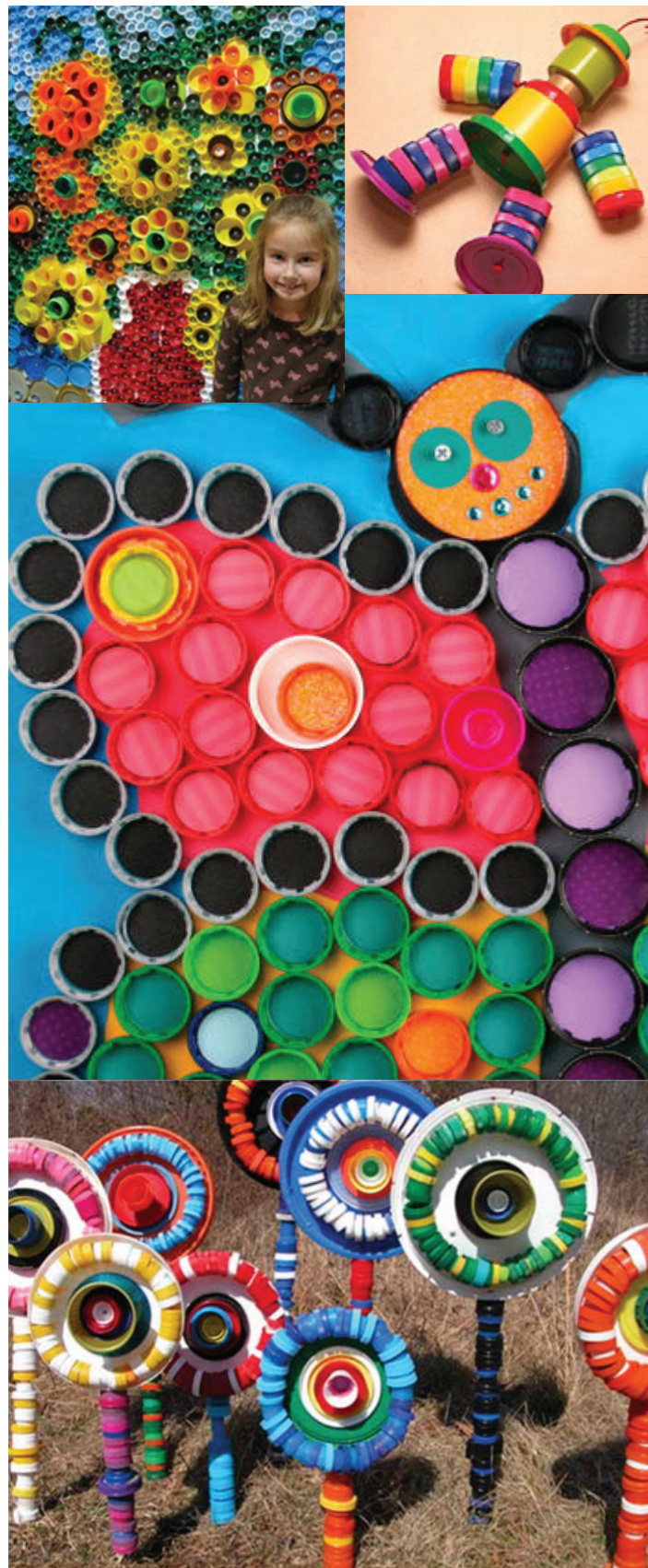


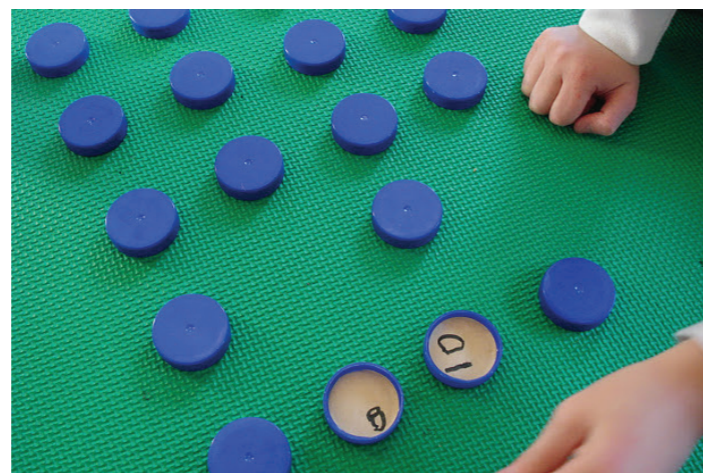
Stitzlein has written a 30-page, lavishly illustrated book, "Bottlecap Little Bottlecap" that provides step-by-step instructions for four projects using recycled plastic bottlecaps for children, families and schools. It is available at lulu.com or www.artgrange.com.



PUFFY PAINT STAMPS



BOTTLE CAP MEMORY GAME



OSCAR Network
Christchurch

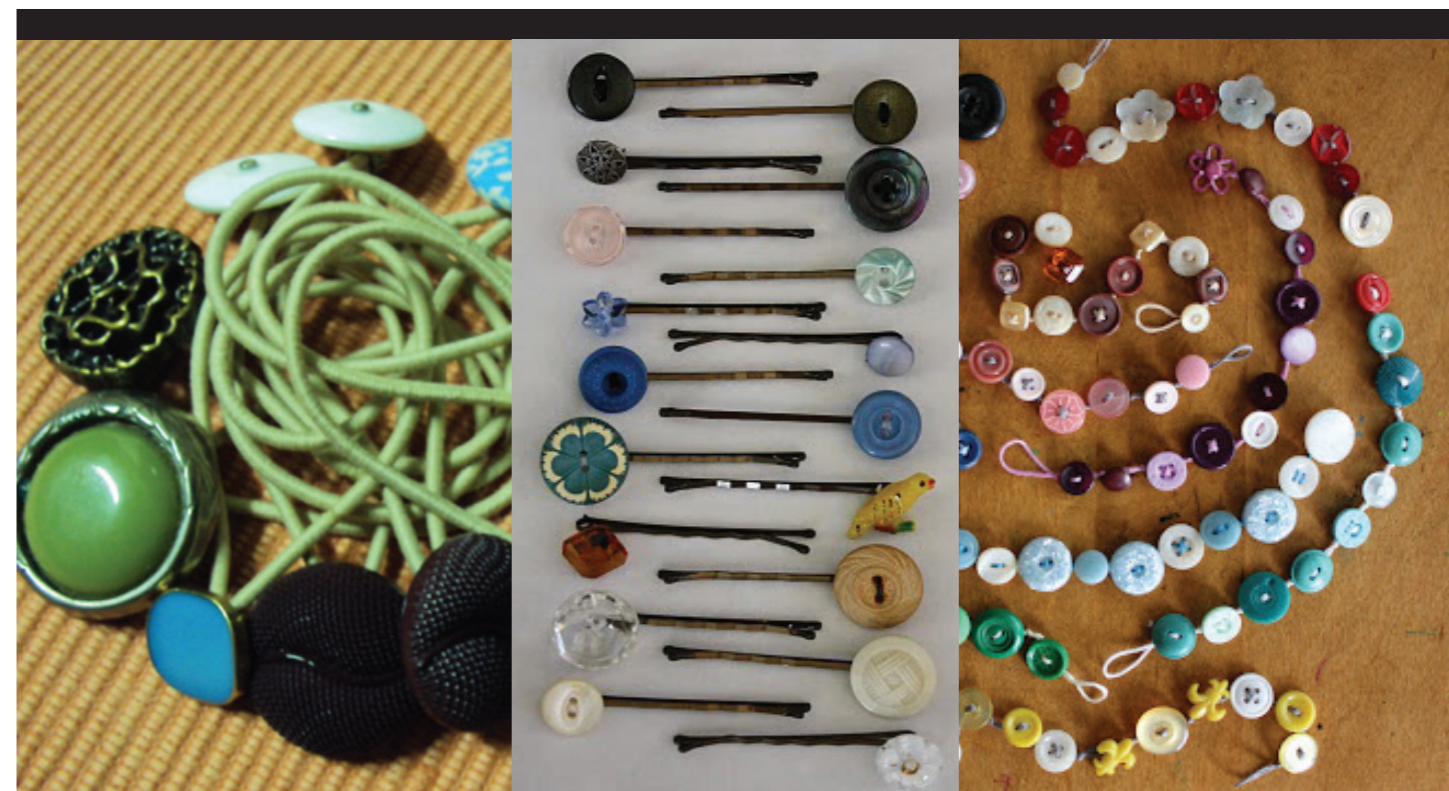
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SNOD Activities

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RECYCLED CRAFTS

Magnet Messages

Sets of magnetic words and letters are for sale in stores everywhere. But why buy a set when you can use some materials you already have to make your own? Invite the children to cut out letters of various sizes from newspaper headlines or magazines. They can even cut out some full words or names if they like. Using a glue stick, adhere as many letters and words as possible to a magnet page. (Magnet sheets are available at office supply stores in multi-packs.) Next, carefully cut around each of the letters to create the individual magnets. Stick the magnets to the fridge and use them to playfully write messages!

Button Bands/Clips/Bracelet

Create custom ponytail holders using spare buttons and hair elastics. First, snip the hair elastic so that it is one long piece. Thread the elastic through the buttonholes

and tie the ends in a secure knot. Get creative and tie a few buttons to one elastic, or use just one large button. You can also purchase elastic thread from a craft store to create ponytail holders of different sizes. String or a variety of other materials can be used for bracelets. With the clips stitch, then super glue or hot glue gun on the button.

Re-created Crayons

Don't throw out those broken bits of crayon; use them to make new ones! Thoroughly coat an old muffin pan with non-stick cooking spray. Put the broken crayon bits of various colours into the muffin cups. Place the tray out in the sun or in a low temperature oven and watch what happens. After the crayons cool completely, turn the pan upside down to remove the rejuvenated, multi-coloured crayons.

Inventive Envelope

Carefully open the sealed edges of an envelope and lay it flat on a page from an old magazine. Hold the envelope in place and trace its outline. Next, cut out the shape and fold it according to the original envelope's fold lines. Use tape to hold the edges in place, and you're ready to address your new, colourful envelope. If the magazine page is too dark for pen to show up, cut out a small piece of lighter coloured paper and affix it to the front.

STYROFOAM

Build a sculpture using a big Styrofoam piece (the kind for packaging large electronics) as the base. You can stick toothpicks into it and attach smaller foam pieces to the other end of each toothpick.

Carve a design into a foam tray (from produce packaging) with a wooden skewer. Brush nontoxic tempera paint over the design, place a piece of paper on top, and rub over the design with a spoon. You'll have a print that resembles a woodcut.



Cap Stamps

Styrofoam trays. add some plastic bottle tops and there you go — custom stamps.

First, cut off the curved edges from the styrofoam trays with scissors. Then trace the outline of a plastic cap onto the foam and let the children make their drawings within the circle. Cut these out with a craft knife. If you're going to try to write words; remember to make them a mirror image. Once you cut out the shape, glue the Styrofoam circle to the cap with the hot glue gun.

Embroidery on Recycled Styrofoam Trays

You'll Need:

- recycled styrofoam trays, cleaned well and sanitized with soap and hot water if they held meat or fish
- wool
- a large wool needle, or even a plastic wool needle for kids

How To:

Figure out your design before you start embroidering, mark lightly with a pencil on the back of the tray. Make holes with the needle along the lines of the drawing. Make sure holes are not too close together. Thread the needle, tie a knot in the end of the wool and go to town!



Printing With Recycled Styrofoam Trays:

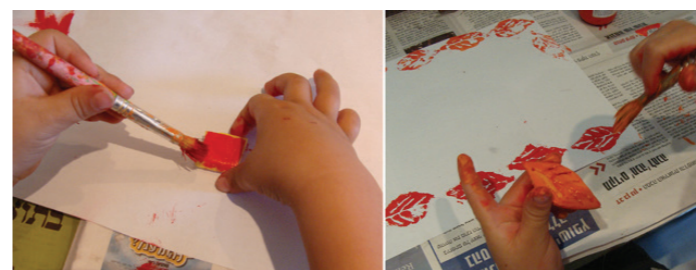
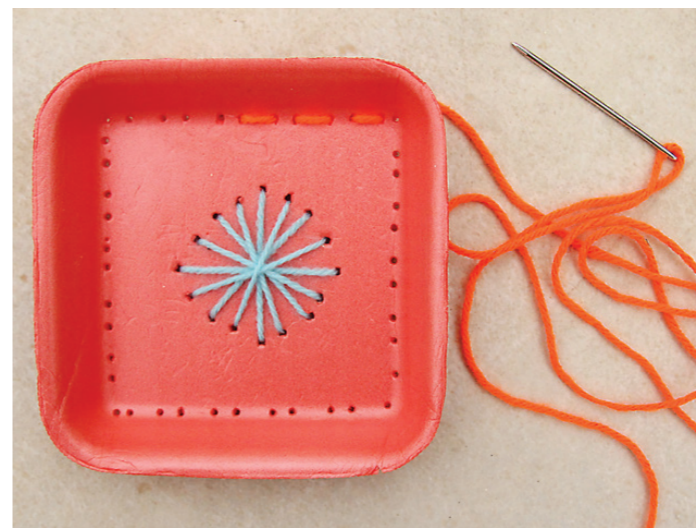
This is a wonderful project for all ages, and a good way to teach children that perfection in art is not always the goal. The imperfectness of these prints is what gives them their charm! The basic idea is to use pieces of styrofoam as printing blocks. The image is drawn onto the styrofoam, the styrofoam is painted, pressed down on to a sheet of paper, and voila! You've made a print.

You'll Need:

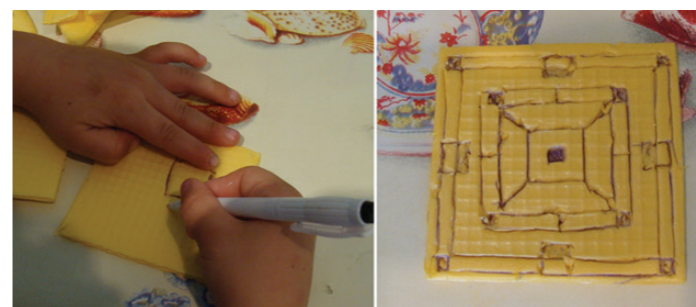
- Styrofoam trays, or any other source of hard Styrofoam, such as cups,
- Acrylic Paint, or any paint that is stiff — if you can shake the bottle it's too runny!
- Paper: nice cardstock for you to make beautiful cards, something simpler for the kids, can be white or coloured
- Scissors and ball-point pens

How To:

- Cut off sides of trays to obtain a flat piece of styrofoam, cut cups in half and cut off bottoms
- Draw a design or picture onto the styrofoam piece using a ball-point pen, and applying pressure so that your drawing causes an imprint in the foam. Alternatively, cut shapes from the styrofoam and use those for printing
- Paint a thin coat of not-runny paint to your styrofoam piece, carefully place on paper, press down with your fingers, gently lift from paper to see your print. It takes a bit of practice to get the right combination of amount of paint and how much pressure to apply, but don't get discouraged the results are worth it! Note: If you are using pieces of styrofoam cup that aren't totally flat, print using a rocking motion.



Draw on pieces of styrofoam using a ball-point pen



Apply paint to your pieces and print! You will need to apply a new coat of paint for each print. You can even write a message and print it, just remember to write backwards!

SUPPORTING THE NETWORK OF OUT-OF-SCHOOL PROGRAMMES

RINGS



How to Make a Ring

- Cut a paper tube lengthwise.
- Roll up the tube and insert it into a thin (6.5cm -wide) hollow pool noodle.
- Attach the other end of the noodle and secure it with duct tape.

Target Station

Join rings into a colourful target for noodle javelins, flying disks, soccer balls, and more. Stakes keep the target upright. Assign different point values to the rings for an extra challenge. You can also lay the station on the ground to play hopscotch or beanbag toss or to use it as part of an agility course.

How to Make a Target Station

Put it together: Duct-tape six rings to one another, then tape them to thicker (10 cm-wide) hollow pool noodle posts. Stand it upright: Hammer two 1/2-inch dowels (ours were 48 inches long) securely into the ground and slide the posts on top.

Hoops Course

Set up a series of wickets for relay races, target practice, soccer, croquet, and more.

How to Make a Wicket

Use a hammer to pound two chopsticks or 1/4-inch dowels (cut to 25 cm long) halfway into the ground about 1 metre apart, depending on how tall you want your wickets. Slide a hollow pool noodle in place.

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Hands-free Card Holder

